

# I Will (finally) HONOR Me!



We have been taught positivity for years. When we think something negative, we have been trained to ignore those thoughts and change our focus to something positive; when we feel a negative emotion, we have learned to suppress it or release it; when we experience something we don't like, we are encouraged to deny what we really think and feel and then let it go and move on; and when someone does something that hurts us, we are supposed to get over it and be the bigger person.

These all can help us feel better and being positive certainly does attract more of the things we want. But do you realize, staying focused on the positive does not mean the negative is not there? It *is* still there, continually impacting your Spirit, Mind, Heart, and Body, and your life—whether you HONOR it or not!

Infinite Healing™ is not just a new twist on the same old concepts of positive thinking, affirmations, releasing negative emotions, and letting go. It offers a new and very powerful viewpoint on HEALING, gives you specific tools to help you learn life lessons, and provides steps for you to actually change the negative to positive, instead of refocusing your Mind on a positive and ignoring the negative. It proposes a way for you to be proactive in TRULY HEALING your Body and your life by helping the Universe help you. The concepts of Infinite Healing™ may sound familiar, but it is undeniably a new and different approach to HEALING.

Infinite Healing™ encourages you to stop pretending that you do not have negative thoughts and emotions because ignoring them doesn't mean they're not there. It explains how *every* thought you have and *every* emotion you feel impacts not only *your* energy, but the energy of the Universe—whether you HONOR it or not! It offers a new viewpoint where you accept who you are now and learn to HONOR *everything* about yourself, and then gives you the tools to HEAL the things you don't want. TRULY HEALING the negative allows the positive to flow naturally, in all areas of your life.

- ◆ Pretending you do not have negative thoughts does NOT HONOR YOU (*nor does it make you think more positive thoughts*).
- ◆ Forcing positive thoughts does NOT HONOR YOU (*nor does it HEAL the negative thoughts*).
- ◆ Ignoring how you feel or pretending that you don't feel the way you do is NOT HONORING YOU (*nor does it negate the energy of the negative feelings*).
- ◆ Telling yourself that you shouldn't feel sad, hurt, angry, etc. is NOT HONORING YOU (*nor does it change the fact that you're sad, hurt, angry, etc.*).

It's time to stop ignoring parts of you and begin to (finally) HONOR *all* of YOU! Only then can you begin to TRULY HEAL the things you don't like. Learn more in Stacie's book: *Infinite Healing™: Empowering You to HEAL the Negative so the Positive can Flow Naturally!* ... because ignoring it doesn't mean it isn't there!

Stacie owns All About Health, Inc., a company focused on natural health care services, products, and workshops to help people improve their health naturally. She is the creator of Infinite Healing™ and the Prime Meridian GoldZone™ techniques.



Written by Stacie Farnham,  
Author and Master Healing  
Facilitator

Spirit ∞ Mind ∞ Heart ∞ Body

© Infinite Healing™